

# Pelvic Rehabilitation Symptom Checklist

If you experience any of the listed symptoms, pelvic physical therapy may be right for you.

Can I have pelvic physical therapy to help with these symptoms?	YES	NO	Who do we treat?	YES	NO
Painful vaginal penetration	X		Infants/ Children	X	
Urinary leakage	X		Men	X	
Constipation	X		Women	X	
Prolapse into vaginal walls	X		Teenagers	X	
Vaginal bleeding		X	Seniors	X	
Pelvic pain	X				
Scar tissue	X				
Chronic diarrhea		X			
Abdominal scars	X				
Lymphedema	X				
Pudendal neuralgia	X				
Connective tissue dysfunction from cancer medications	X				
Pain with menstruation	X				

The treatments we offer can potentially prevent surgery or be a great complement to post-surgical recovery.



A hospital department of AdventHealth Orlando

# Therapy That Heals

Our facilities feature private treatment rooms in a spa-like environment. They are equipped with the latest, state-of-the-art technology, to ensure every patient receives the utmost care, both physically and emotionally. We offer individualized treatment plans which focus on relieving and managing your specific symptoms. We also have multiple physical therapists at our center who want to assist your healing process.

Our therapists have extensive knowledge and advanced training to apply evidence-based rehabilitative techniques, including manual therapy, computerized biofeedback, extensive patient education, exercise selection and techniques to help meet your goals. This therapy is a conservative way to manage your symptoms.

Our goal is to help you begin the healing process, and we will make your success our first priority.

**For more information, visit [AHBodyAfterBaby.com](http://AHBodyAfterBaby.com). To schedule an appointment, call 407-303-8080.**

**AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.**

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.

## CELEBRATION

400 Celebration Place, Suite C200  
Celebration, FL 34747

## EAST ORLANDO

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Orlando, FL 32833

## ORLANDO

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