## **Diabetes Education Class**



## 2022 Classes

## 9 am - 12 pm

- January 18
- March 15
- May 17
- July 19
- September 20
- November 15

## 6 - 9 pm

- February 15
- April 19
- June 21
- August 16
- October 18
- December 13



Living with diabetes can be a challenge, but it's not impossible.

This class teaches about diabetes management, exercise, long-term complication prevention, medications, diet, problem-solving, coping and more. Classes will be limited to 6 participants and a guest.

To register for a class, please call 706-602-7800 ext. 2310.

Location: AdventHealth Harris Radiation Therapy Center Conference Room

